



Greater Manchester

Bowel cancer screening



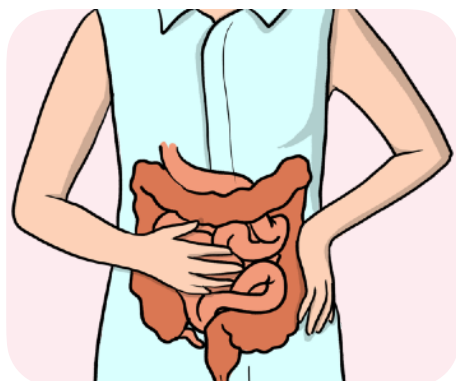
This Easy Read leaflet uses easier words and pictures.

Some people may still want help to read it.



This leaflet is about how to do a **bowel cancer screening** at home.

A **bowel cancer screening** is a test to check for signs of bowel cancer.

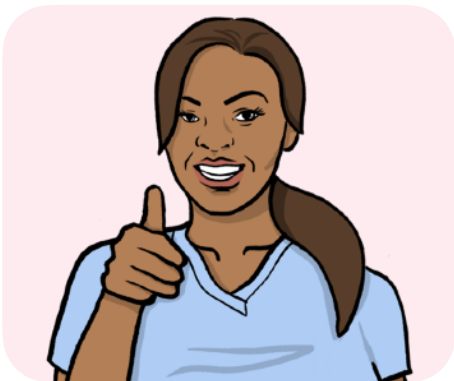


Your **bowel** is inside your lower stomach. It breaks down the food you eat and helps you to poo.

Why do I need a bowel cancer screening?



Screenings do not stop you from getting bowel cancer.



But it is the best way to find bowel cancer before it gets worse.



It is your choice if you want to have a bowel cancer screening or not.

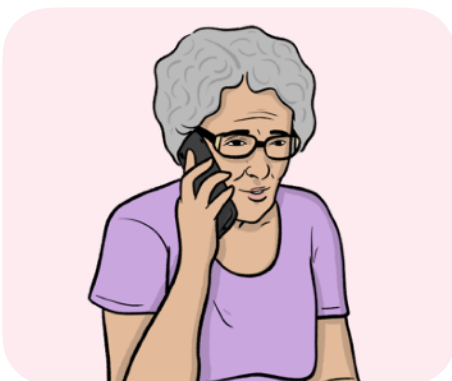
How do I get a bowel cancer screening?



If you are aged 50 to 74, we will send you a bowel cancer screening kit every 2 years.



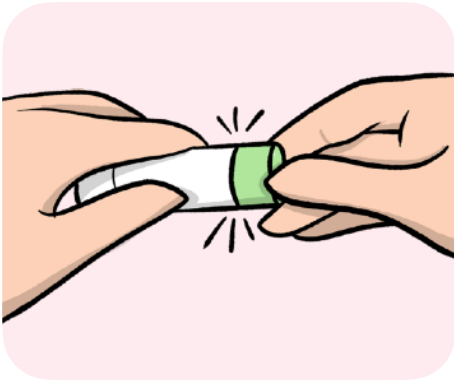
You can do the screening at home.



If you do not have a bowel cancer screening kit, but you think you should, please call this helpline:

0800 707 6060

How to do a bowel cancer screening



The bowel cancer screening kit will include a pot.

You should put a small amount of your poo in the pot.



Then, send us the pot by post.



We will test your poo to see if there is any blood in it.



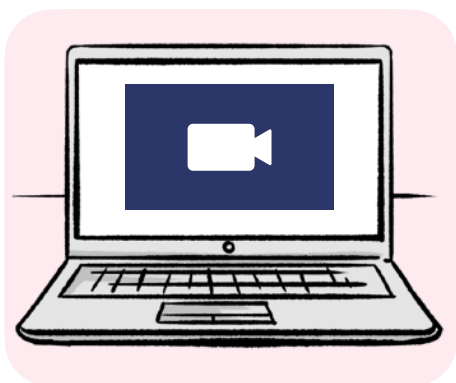
If we find blood in your poo, we may ask you to do more tests to check if you have bowel cancer.



But most people do not need to do any more tests.



If you need more help, you can scan this QR code to watch a video about how to use the screening kit.



Or you can use this link to watch the video instead:

www.vimeo.com/showcase/6663813?video=380455529

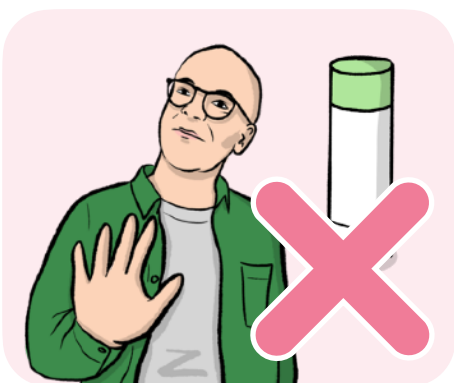
If you are worried you have bowel cancer



If you are worried that you have bowel cancer, please talk to your GP surgery.



You should do this even if you have done a bowel cancer screening recently.



You should not wait until we send you your next bowel cancer screening kit.

More information



For more information, you can go to: www.nhs.uk/bowel-screening

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